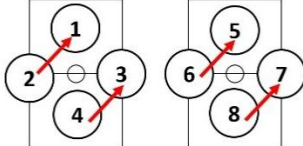
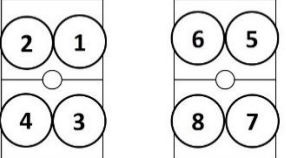


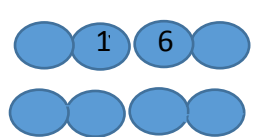
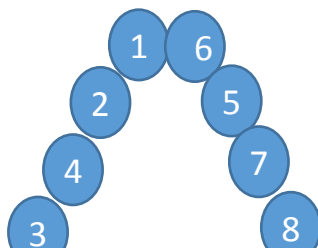
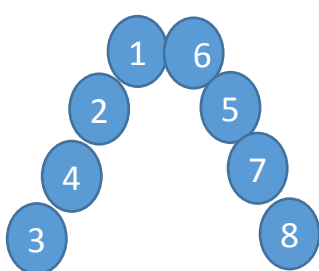
20161219 氣球傘動作修正篇

The Cup of Life	前奏	前奏 2×8	原地搖擺 $2 \text{ 個} \times 8 \text{ 拍}$	隊形
	間奏	Go, go, go (Go, go, go) 1×8 Ale, ale, ale (Ale, ale, ale) 1×8 Go (Go) Go (Go) 1×8 Go (Go) Go (Go) Here we go! 1×8 +間奏 4×8	換隊形 8×8	
	A 段	The cup of life This is the one 1×8 Now It's the time Don't ever stop 1×8 Push it along Gotta be strong 1×8 Push it along Right to the top 1×8	小海浪 4×8 123 中 567 低 223 中 567 高 323 中 567 低 1234567 中	
	B 段	The feeling in your soul Is gonna take control 1×8 Nothing can hold you back if you really want it 1×8 I see it in your eyes, you want the cup of life 1×8 Now that the day is here, we gotta go and get it 1×8 Do you really want it? (yeah!) Do you really want it? (yeah!) 1×8	旋轉平盤 4×8 506 順 2×8 逆 2×8 小海浪 1×8	
	副歌	Here we go! Ale, Ale, Ale 1×8 Go, go, go! Ale, Ale, Ale 1×8 Tonight's the night We're gonna celebrate 1×8 The cup of life, Ale, Ale, Ale 1×8	蒙古包 4×8 (做 2 次)	
	間奏	間奏 2×8	換隊形 2×8	5.6.7.8 班為一組順時針旋轉成菱形。

20161219 氣球傘動作修正篇

<p>A 段</p>	<p>The cup of life It's do or die 1*8 It's here it's now Turn up the lights 1*8 Push it along Then let it roll 1*8 Push it along Go Go Go! 1*8</p>	<p style="color: red;">水母 4*8</p> <p style="color: blue;">4 抖 4 拉高 2 向前擠 6 還原 (*2 次)</p>	
<p>B 段</p>	<p>Then when you feel the heat The world is at your feet 1*8 No one can hold you down if you really want it 1*8 Just steal your destiny Right from the hands of fate 1*8 Reach for the cup of life 'Cause your name is on it! 1*8 Do you really want it? (yeah!) Do you really want it? (yeah!) 1*8</p>	<p>4 個 8 拍 506-順</p> <p style="color: red;">旋轉平盤 2*8</p> <p style="color: red;">旋轉高低盤 2*8</p> <p style="color: red;">小海浪 1*8</p>	
<p>副 歌+ 間 奏</p>	<p>Here we go! Ale, Ale, Ale 1*8 Go, go, go! Ale, Ale, Ale 1*8 Tonight's the night We're gonna celebrate 1*8 The cup of life, Ale, Ale, Ale 1*8 +間奏 4*8</p>	<p style="color: red;">火車過山洞 8*8</p> <p style="color: blue;">~換組做~</p>	<p style="text-align: center;">司令台</p> 
<p>間 奏</p>	<p>間奏 2*8</p>	<p style="color: green;">換隊形 2*8</p>	<p style="background-color: yellow;">5.6.7.8 班為一組逆時針旋轉成緊密方形。</p> <p>11 離開去拿寶貝球</p> <p style="text-align: center;">司令台</p> 
<p>A 段</p>	<p>The cup of life This is the one 1*8 Now It's the time Don't ever stop 1*8 Push it along Gotta be strong 1*8 Push it along Right to the top 1*8</p>	<p style="color: red;">旋轉木馬 4*8</p> <p style="color: blue;">內凹旋轉木馬</p>	<p>● 11 站在傘中 手舉寶貝球跟著旋轉</p>

20161219 氣球傘動作修正篇

B 段	<p>The feeling in your soul is gonna take control 1*8 Nothing can hold you back if you really want it 1*8 I see it in your eyes You want the cup of life 1*8 Now that the day is here, we gotta go and get it 1*8 Do you really want it? (yeah!) Do you really want it? (yeah!) 1*8 Do you really want it? (yeah!)+四拍音樂 1*8</p>	<p style="text-align: center;">自彈自接 6*8 下拉+拉高</p>	
間奏	<p style="text-align: center;">間奏 1*8</p>	<p style="text-align: center;">11 撿球</p>	<p style="text-align: center;">彈接結束，11 把球拿走，離開氣球傘。</p>
副歌	<p>Here we go! Ale, Ale, Ale 1*8 Go, go, go! Ale, Ale, Ale 1*8 Tonight's the night We're gonna celebrate 1*8 The cup of life, Ale, Ale, Ale 1*8 Uno, dos, tres! Ole, Ole, Ole 1*8 Un, deux, trois! Ale, Ale, Ale 1*8 Tonight's the night We're gonna celebrate 1*8 The cup of life, Ale, Ale, Ale 1*8</p>	<p style="text-align: center;">換隊形 2*8 (向中間靠變 2 橫排)</p> <p style="text-align: center;">2*8 小海浪 4*8 旋轉平盤(齒輪) <u>{2*8 順+2*8 逆，動作跟 501 相反}</u></p>	<p style="text-align: center;">→</p> 
間奏	<p style="text-align: center;">間奏 2*8</p>	<p style="text-align: center;">換隊形 2*8</p>	<p style="text-align: center;">V 字形</p> 
結尾	<p>Ale, ale (Ale, ale) Ale, ale (Ale, ale) 1*8 Ale, ale (Ale, ale) Ale, ale, ale! 1*8 Ale, ale (Ale, ale) Ale, ale (Ale, ale) 1*8 Ale, ale (Ale, ale) Ale, ale, ale! 1*8 +結尾 1*8 (2 班一起做波浪)</p>	<p style="text-align: center;">波浪舞 5*8</p> <p style="text-align: center;">前四拍： 12-503、34-504、56-502、78-501 22-506、34-505、56-507、78-508 32-508、34-507、56-505、78-506 42-501、34-502、34-504、78-503</p> <p style="text-align: center;">最後一個 8 拍：</p>	<p style="text-align: center;">V 字形</p> 

20161219 氣球傘動作修正篇

			<p>12-506+501、34-505+502 56-507+504、78-508+503</p>	
無		<p>呼口號 (做大海浪)</p>	<p>501-504：市大附小， 勢在必得！ 505-508：市大附小， 活力四射！ 全體五年級：市大附小， 生日快樂！</p>	
無		<p>退場</p>	<p>鼓聲 1：變火車 (到跑道上接在 5 班前面) 鼓聲 2：帶頭跑離場 (小跑步)</p>	<p>1234→大王椰子樹前 5678→籃球場前跑道</p>